



the knack

LOOKING FOR WHAT'S NEW OR WHAT'S HOT? THEN THE KNACK IS WHERE ITS AT. A PLACE TO SEEK OUT NEW PRODUCTS, PEOPLE, PLACES AND ANYTHING ELSE THAT EXCITES THE SENSES!



march 04, 2008

GudFud Marshmallows Are a Wonderful, Slightly Goopy Treat!



GudFud Marshmallows are like nothing you've ever had before – they are fresh marshmallows stuffed with either fruit jelly or chocolate!

There are 3 to a package and with no fat and trans fat and only 50 calories per package, it is a wonderful wait to satisfy your sweet tooth

product hunter

Stephanie Dickison

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without indulging in a million calories!

This Japanese-type treat is not overly sweet and I, not a huge chocolate lover, loved the chocolate ones the most! The fruit jellies come with one of each flavour – grape, strawberry and orange – and are a fun way to perk up during the doozies in the afternoon!

This is way more fun than a chocolate bar or a cinnamon roll, don't you think?

I say buy the big box and bring them into the office for everyone to enjoy.

Lucky me, I'm an employee of one!

posted by the knack at 2:12 pm

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Stephanie Dickison

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the knack difference

Everything on **the knack** that I write about is tried and tested by me. That way, you get more than just a press release - you get a real experience with the product. I can tell you how it smells, looks and works.

I try to write about products and services that you may not know about or things that will improve your life.

You will *always* receive my honest opinions and thoughts and no one can buy my favourable reviews. They come by my carefully selecting products and then trying them.

Many thanks for reading and your ongoing support!

Stephanie Dickison
Publisher & Editor of **the knack**

